

# SMART Medical Clearance Form

	No*	Yes	Time Resolved
<b>S</b> uspect <u>New Onset</u> Psychiatric Condition? .....	1		
<b>M</b> edical Conditions that Require Screening? .....	2		
Diabetes (FSBS less than 60 or greater than 250) .....			
Possibility of pregnancy (age 12-50) .....			
Other complaints that require screening .....			
<b>A</b> bnormal: .....	3		
<b>Vital Signs?</b>			
Temp: greater than 38.0°C (100.4°F) .....			
HR: less than 50 or greater than 110 .....			
BP: less than 100 systolic or greater than 180/110 (2 consecutive readings 15 min apart) .....			
RR: less than 8 or greater than 22 .....			
O <sub>2</sub> Sat: less than 95% on room air .....			
<b>Mental Status?</b>			
Cannot answer name, month/year and location (minimum A/O x 3) .....			
If clinically intoxicated, HII score 4 or more? (next page) .....			
<b>Physical Exam (unclothed)?</b> .....			
<b>R</b> isky Presentation? .....	4		
Age less than 12 or greater than 55 .....			
Possibility of ingestion (screen all suicidal patients) .....			
Eating disorders .....			
Potential for alcohol withdrawal (daily use equal to or greater than 2 weeks) .....			
Ill-appearing, significant injury, prolonged struggle or "found down" .....			
<b>T</b> herapeutic Levels Needed? .....	5		
Phenytoin .....			
Valproic acid .....			
Lithium .....			
Digoxin .....			
Warfarin (INR) .....			

\* If ALL five SMART categories are checked "NO" then the patient is considered medically cleared and no testing is indicated. If ANY category is checked "YES" then appropriate testing and/or documentation of rationale must be reflected in the medical record and time resolved must be documented above.

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Completed by: \_\_\_\_\_, MD/DO  
Signature Print








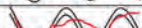




## List of Abbreviations

A/O x 3 .....	Alert and Oriented x 3 (person, place and time)
FSBS .....	Finger Stick Blood Sugar
HII Score .....	H-Impairment Index Score
INR .....	International Normalized Ratio
O <sub>2</sub> Sat .....	blood oxygen saturation











# H-Impairment Index (HII Score)

Time	0)	1)	2)	3)	4)
<b>Gross Motor Function</b>					
Unable to cooperate; cannot sit up	4	4	4	4	4
Can sit up, but unsteady	3	3	3	3	3
Can sit up steadily	2	2	2	2	2
Can stand and walk, but unsteady	1	1	1	1	1
Can stand and walk steadily	0	0	0	0	0
<b>Mentation and Speech</b>					
Unable to cooperate; unintelligible speech/moans	4	4	4	4	4
Slurred speech; does not make sense	3	3	3	3	3
Slurred speech; answers some questions	2	2	2	2	2
Imperfect speech; answers most questions	1	1	1	1	1
Baseline speech; lucid and appropriate	0	0	0	0	0
<b>Tracing Curve</b>					
Unable to participate	4	4	4	4	4
Makes mark on paper	3	3	3	3	3
Traces mostly out side of line	2	2	2	2	2
Traces mostly inside lines	1	1	1	1	1
Traces curve perfectly	0	0	0	0	0
<b>Nystagmus</b>					
Unable to participate	4	4	4	4	4
Profound nystagmus / can't follow finger with eyes	3	3	3	3	3
Moderate nystagmus/ follows finger for short distance only	2	2	2	2	2
Minimal nystagmus/follows finger with eyes whole time	1	1	1	1	1
No nystagmus/ follows finger with eyes whole time	0	0	0	0	0
<b>Finger to Nose Testing</b>					
Unable to participate	4	4	4	4	4
Grossly unsteady/misses targets	3	3	3	3	3
Unsteady and inaccurate/barely touches targets	2	2	2	2	2
Steady/ touches targets, but inaccurate	1	1	1	1	1
Steady/ accurately touches targets	0	0	0	0	0
<b>Total Score</b>					
<b>Health Care Provider Initials</b>					

## Scoring Reference

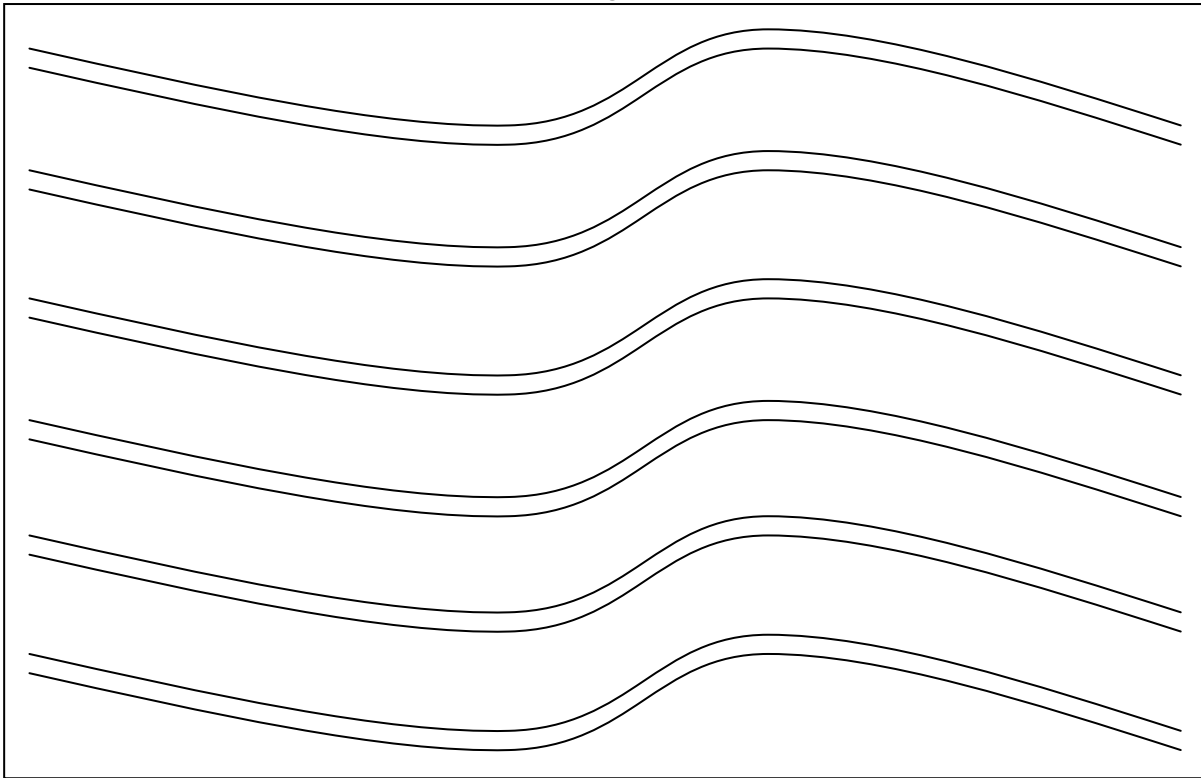
Gross Motor Function			Mentation and Speech			Tracing Curve		
Unable to cooperate; cannot sit up		4	Unable to cooperate; unintelligible speech or only moans		4	Unable to participate		4
Can sit up, but is unsteady		3	Slurred speech; does not make sense		3	Makes mark on paper		3
Can sit up and is steady, but cannot stand		2	Slurred speech; answers few questions appropriately		2	Traces mostly out side of line		2
Can stand or walk, but is unsteady		1	Imperfect speech; answers most questions appropriately		1	Traces mostly inside lines		1
Can stand and walk and is steady		0	Normal or Baseline speech; Conversive and appropriate		0	Traces curve perfectly		0

Nystagmus			Finger to Nose Testing		
Unable to participate		4	Unable to participate		4
Profound nystagmus; unable to follow finger with eyes		3	Grossly unsteady; Misses finger to target		3
Moderate nystagmus; only follows finger with eyes for short distance		2	Unsteady; Inaccurate/barely touches target		2
Minimal nystagmus; follows finger with eyes whole time		1	Steady; Inaccurate but touches target		1
No nystagmus; Follows finger with eyes whole time		0	Steady; Accurate finger to target		0

# Tracing Curve

Time:



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