

ED2Recovery

Hospital-Based Recovery Coaching
and Peer Support Network

Dept. of Family Medicine and
Community Health

Wisconsin Dept of Health Services



Presentation Goals

1. Explain the role of peer support in the ED setting
2. Describe the process and functions of HBRC
3. Discuss Supervision and Support
4. Discuss impact on ED setting

SAMHSA Definition of Peer Support

Delivered by individuals who have common life experiences with people they are serving.

Unique capacity to help each other based on a shared affiliation and deep understanding of this experience.

Offer support, strength, and hope to their peers, which allows for personal growth, wellness promotion, and recovery.

A Peer Support Provider is not/does not:

- Give professional advice
- An expert or authority figure
- See the person as a case or diagnosis
- Motivate with fear or consequences
- Prescribe one pathway to recovery
- Do tasks for the person
- Give resources or money to the person
- Use clinical language
- Provide basic necessities like housing
- Provide case management services
- Diagnose, assess, or treat
- Mandate tasks and behaviors
- Tell a person how to recovery

Role of Peer Support Provider in ED Setting

1. Engage with those who have survived an overdose
2. Listen to individual's experience
3. Be present to answer questions patients may have about recovery supports or treatment options
4. Provide information to individual and family members

The Process

- A patient presents at the ED or to EMS/first responders for an overdose
- The Recovery Coach on call is contacted by the charge nurse or social worker and prepares to arrive within an hour
- The ED staff asks the patient if they would like to meet with a Recovery Coach
- The Recovery Coach processes the overdose experience or other concerns with the patient, collects demographic data and, ideally, refers the patient to substance use disorder treatment within funding streams
- The Recovery Coach provides the phone number, gathers the patient's phone number and offers daily contact until the patient has their intake at treatment
- The patient may continue to have contact with the Recovery Coach if they would like additional support while they are in treatment and after discharge

Training



Recovery
Coach

Certified
Peer
Support
Specialist

On-call Support

Peer support services can be available 24/7

Peer Support Specialists are called in when individuals are transported to the ED after having survived an overdose incident

HIPAA and Confidentiality Guidelines

CM4

All peer support providers will complete an online training on HIPAA and Confidentiality Guidelines

The purpose of this training is to:

- Protect health information and ensure its confidentiality and security
- Explain peer support providers' obligation to protect patient information

Slide 9

CM4

Will need to add content after process for attaining HIPAA compliance education is solidified

Caroline Miller, 6/2/2017

Support and Supervision

Mandatory monthly group supervision meetings

Recovery Wellness/WRAP Plan

Online Learning Community

Impact on ED Staff and Operations^{CM7}

Peer Support Providers:

- are additional support for ED staff
- will have recovery resource information available for patient
- can provide a “warm hand-off” to additional support

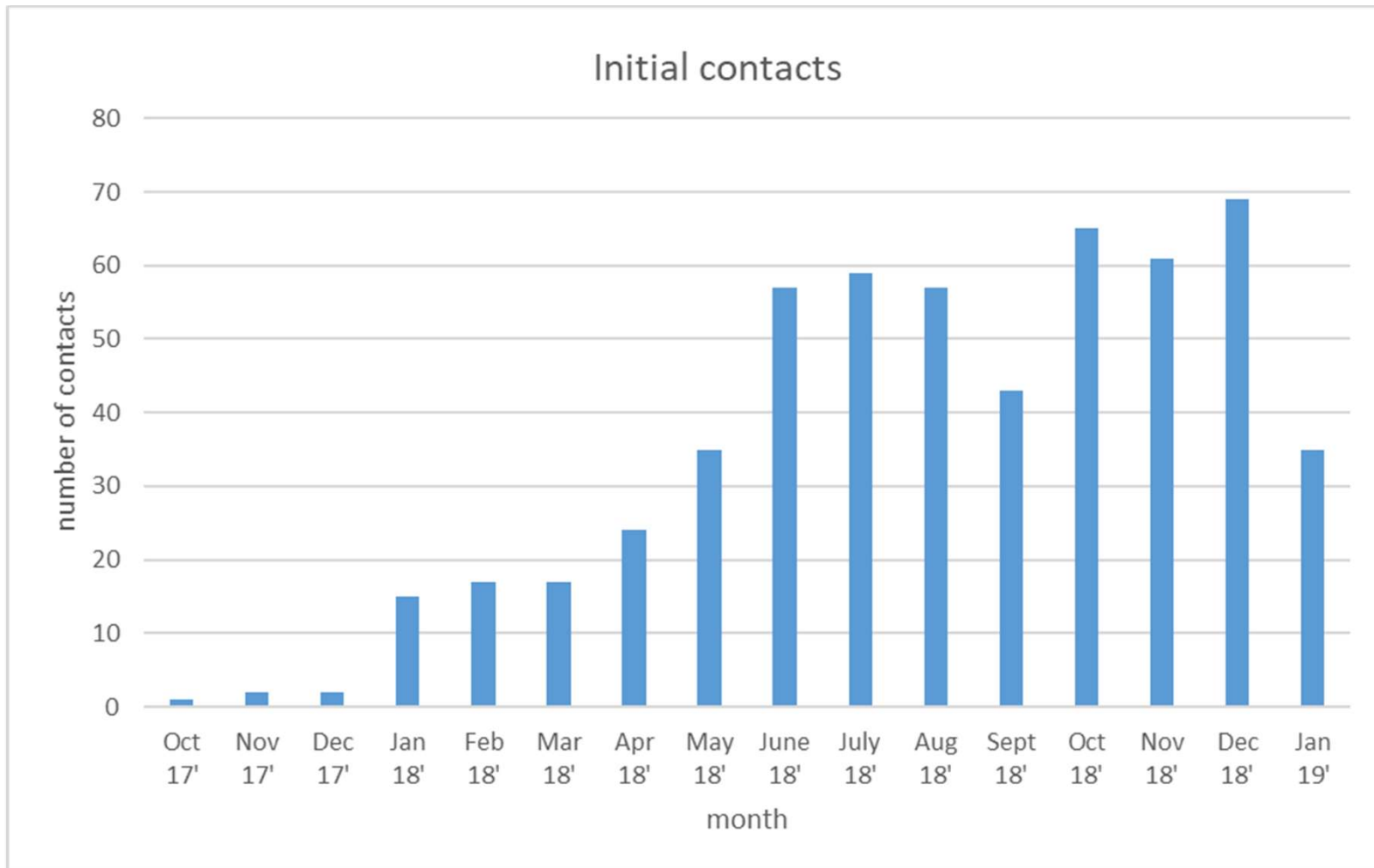
Slide 11

CM7

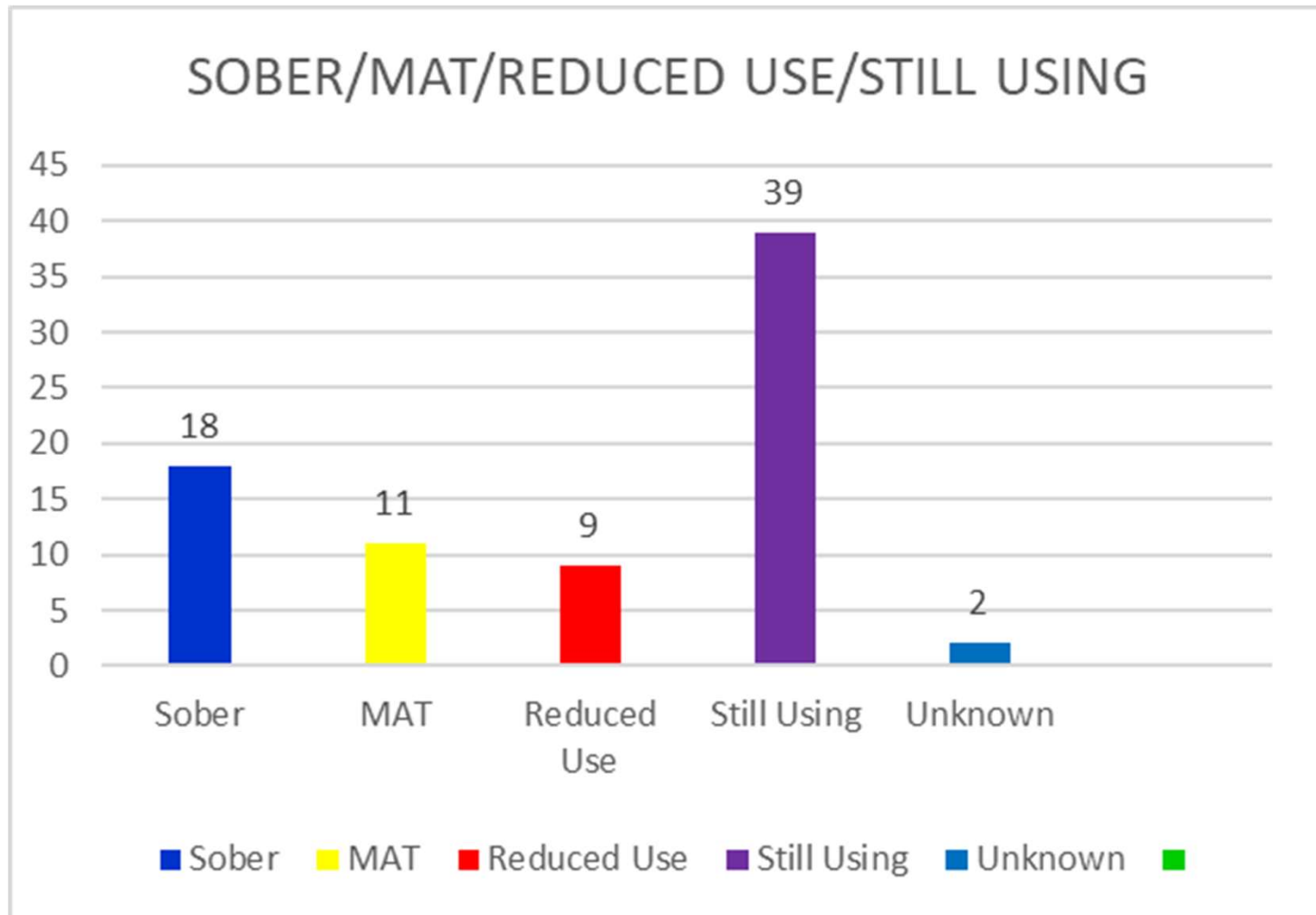
Content to add after 6/16

Caroline Miller, 6/2/2017

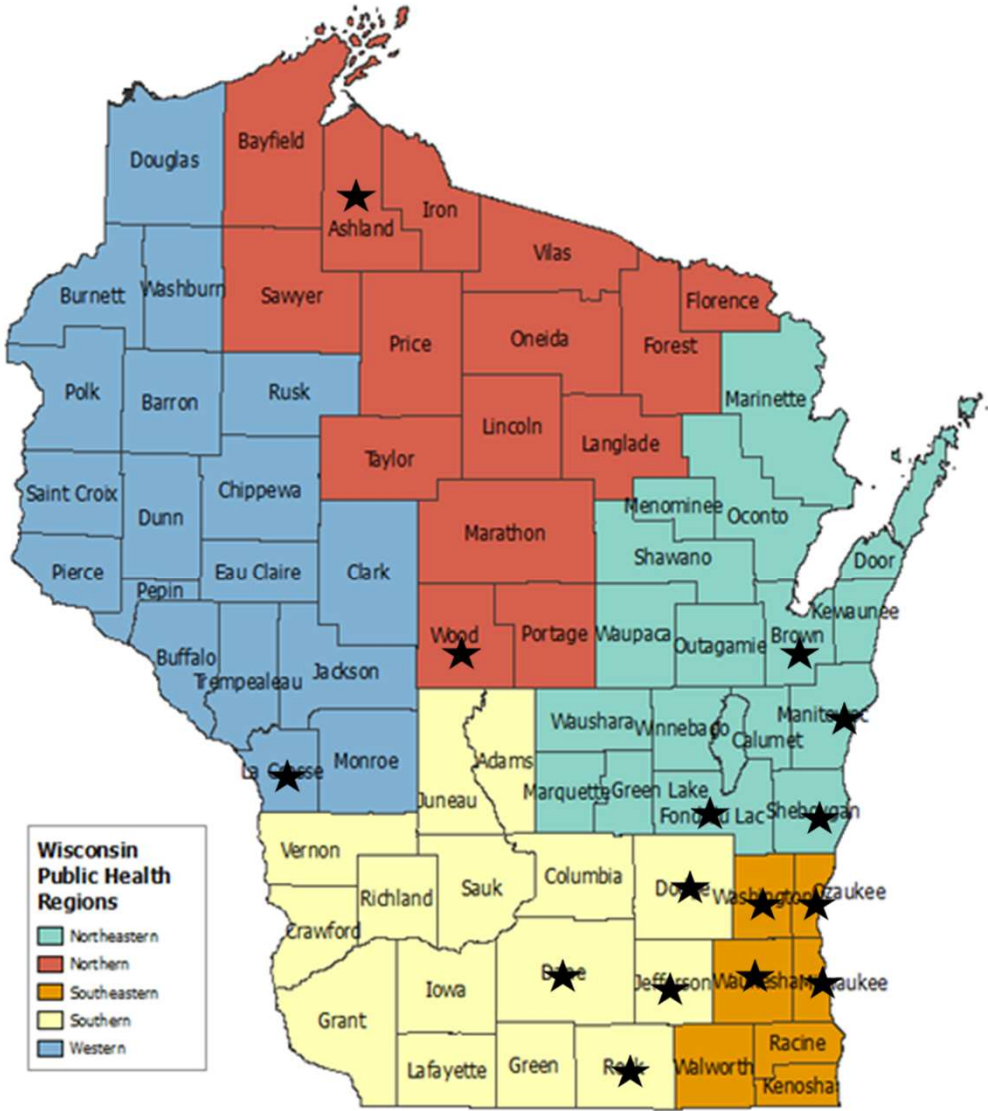
ED2 general data



ED2Recovery: Bellin Health/Darjune



ED2Recovery locations



Addiction treatment is effective

Addiction treatment =
evidence-based, effective
public health strategy:

↓ mortality, ↓ relapse, ↑ health
enables getting one's life back...

References and Resources

<https://www.samhsa.gov/recovery>

http://www.naadac.org/assets/1959/whitew2009_peer-based_addiction_recovery_support.pdf

http://www.naadac.org/assets/1959/samsha_2012_expert_panel_meeting_report_-_equipping_behavioral_health.pdf

http://www.smartrecovery.org/resources/library/Articles_and_Essays/Stages_of_Change/Stages_of_Change.pdf

<http://www.attcnetwork.org/userfiles/file/MidAtlantic/SelfCareGuide.pdf>

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Dr. Julie Doniere, MD

julie.doniere@ems-wi.com

Meagan Sulikowski, MSW

meagan.sulikowski@fammed.wisc.edu

